

# LOVE2BREW

## BRULOSOPHY SERIES: MUNICH HELLES (EXTRACT)



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“They who drink beer will think beer.” The Brülosophy creed speaks to homebrewers around the world about our shared quest to brew better beer. Love2brew has partnered with Brülosophy to bring you a series of Beer Recipe Kits that are the product of the culmination of efforts from the Brulosophy team to experiment, tweak, and challenge brewing knowledge all for the purpose of brewing better beer. Munich Helles are a clean, malt forward German brew with subtle spice and floral notes. Incredibly refreshing, this every-day beer will convert even the staunchest of macro brew lovers. The Brülosophy team has perfected this recipe and the Internet agrees, this is an excellent beer.

### KIT STATISTICS

- 2 Weeks Primary Fermentation
- 2 Weeks Bottle Conditioning
- Original Gravity: 1.053
- 5.3% ABV (Estimated)
- IBUs: 18.1
- SRM: 4.0 (Straw)
- 60 Minute Boil

### HOMEBREW KIT CONTENTS

#### Malts & Specialty Grains

- 6 lb. Pilsner Malt Extract
- 4 oz. Melanoidin Malt

#### Hops

- 4 oz. German Hersbrucker (Bittering)

#### Yeast Choices

- White Labs Kolsch Ale Yeast (WLP029)\*
- Wyeast Kolsch Ale Yeast (2565)

\*Based off of an exBEERiment comparing WLP029 and WY2565 we would recommend WLP029 as the yeast of choice for this beer.

#### Other

- 5 oz. Priming Sugar
- Mesh Grain Bag

### EQUIPMENT:

- Brew Kettle (3.5+ gallon capacity)
- Thermometer & Hydrometer
- Fermentation Vessel
- Stirring Spoon
- Airlock
- Blow off tubing
- Bottles
- Racking Equipment
- Sanitizer

### GETTING STARTED:

- If you haven't already done so read the "Basic of Brewing" guide included in your equipment kit.

- Read over the entire contents of this recipe before you brew. This will help avoid any errors. You are adding the malt extract in two separate additions for this batch.

- Upon receiving your kit refrigerate your yeast. One day before your brew day remove your yeast from your refrigerator and allow it reach room temperature. (~70°F)

- Clean and Sanitize all equipment thoroughly; poor sanitization could ruin an otherwise perfect batch.

- Crush grains: Many of our grains come pre-crushed; however it never hurts to examine your specialty grains first. If un-crushed simply using a rolling pin to crush grains.

- You'll need approximately 3 hours to complete this brew. Schedule accordingly.

- Homebrew (To enjoy in moderation while brewing)\*  
\*Optional

**NOTE:** This beer uses **Kolsch Yeast** and will need to be fermented at 58°F.

## BREW YOUR BEER

1. Add 3 gallons of water to your boil kettle. Bring the water to 155°F.
2. Pour specialty grains into the mesh bag and steep for 30 minutes. We recommend turning the heat a little lower during this phase; you do not want the water to heat over 170°F.
3. After 30 minutes remove steeping grains from water. Allow grains to drain but *do not* squeeze or press bag to wring out excess water.
4. Bring water to a boil.
5. Add 6 lb. Pilsner Malt Extract. Stir.
6. At this point your mixture is now wort (pronounced “wert”; defined as unfermented beer). Allow your wort to return to a boil. Be sure to observe your boil so as to avoid a messy boil-over.
7. Once the foaming subsides begin your 60 minute boil process. Timing is referred to by minutes left in the boil.
8. 60 Minutes: Add 4 oz. German Hersbrucker for bittering.
9. 15 Minutes: Add 1 tsp. Irish Moss. This is an optional step to increase beer clarity but is not required.
10. After your wort is done boiling it is very important you cool it as quickly as possible to avoid potential infections. Create an ice bath (ice and water) in your sink and set the brew kettle in it. You need to cool your wort down to 90°F or lower.

## COOLING / TRANSFERRING

1. By now all of your equipment should be already sanitized; if not sanitize your screw cap, fermenting vessel, airlock, siphon, and tubing.
2. Fill your primary fermentor with 1 gallon of cold water.
3. Pour your cooled wort into the primary fermentor. Avoid dumping the sludge on the bottom into your fermentor.
4. Add cold water as needed to bring wort up to 5 gallons of liquid ensuring that it is below 70°F. If you are able to control your fermentation temperature than we recommend cooling your wort down to 56°F for this beer.
5. Seal the fermentor and aerate the wort by rocking the fermenting vessel back and forth a bit. Other options include using an aeration system or diffusion stone.
6. Measure Specific Gravity of the wort with your hydrometer and record.
7. Add yeast to fermenting vessel. It is important that the wort temperature not be above 70°F (or 58°F) when adding the yeast.
8. Seal the fermentor. Add an airlock or blow-off tube.

## FERMENTING

1. **NOTE:** For best results ferment at 58°F for 4-5 days and then increase temperature up to 65°F over the next few days. If not possible do worry.
2. Move fermenting vessel to a room temperature dark spot (approximately 68°F or 58°F if able)
3. You will observe active fermentation within about 48 hours. You want to maintain the temperature of approximately 68°F (or 58°F).
4. After about 1-2 weeks your active fermentation will stop. At this point if you have a blow off tube attached you may remove it and add an airlock to the vessel.
5. After 2 weeks of primary fermentation you are ready to bottle your beer.
6. **Optional:** Cold crash (lower the temperature for of your Helles to 35-40°F) for 48 hours prior to bottling to help clear the beer.

## BOTTLING / CARBONATING

1. Sanitize your bottles, bottle caps, bottling bucket, siphon tubing, siphon, and bottling wand.
2. Add priming sugar to 16 oz. of water and bring the mixture to a boil using your stove. Let cool and add to your bottling bucket.
3. Gently siphon beer into bottling bucket; avoid splashing.
4. Fill and cap bottles.
5. Condition bottles for 2 weeks at room temperature.
6. After 2 weeks you may store the bottles in a cool/cold location if carbonated.

## ENJOY!

1. Pour your homebrew into a clean glass. For aesthetic reasons many people avoid pouring the yeast in but it won't hurt you!
2. Smell the beer, a few short sniffs. Taste. Allow beer to cover the tongue, swallow. Smile. Life is good.

If you have any questions while brewing your beer call us at 1.888.654.5511 or email [support@love2brew.com](mailto:support@love2brew.com). We're open 7 days a week to help you brew the best beer possible!

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